



Channeled and Mediumship Reading: What to Expect

Introduction

My readings are not an either Channeling or Mediumship, but both, meaning, that they are a combination of Channeled Messages and Mediumship (when a loved one comes through).

With Channeling I always have a connection, however, with Mediumship, there is no guarantee that the loved one you wish to hear from, will come through. It is possible someone else will come through, or no one will come through. Since we don't control the spirit world, you can intend to have a loved one come through, but it's up to them whether or not it happens. (This is not a reflection of you or the loved one you wish to hear from, it is simply how the spirit world works).

Each day prior to my readings, I open Sacred Space, and I connect with Spirit and my guides, Channeling messages from them and letting them know who I will be working with. This prepares them to bring through loved ones who may have messages for my client.

In most cases, once I connect through the portal for you, I will begin Channeling messages immediately. On occasion, your loved one may be waiting, and come through immediately, rather than waiting for me to bring them forward. In these cases, I move directly into Mediumship. The reason being that disparate souls, (souls who have passed), must lower their vibration to match mine, in order to connect. I feel that their connection is a priority, and I don't want to lose them if they have to wait. Once their message is complete, we move into Channeling.

What to expect:

- I will not be recording the session, and please don't try to record from your side as Spirit will bump me out of my connection. Feel free to take notes.
- I typically receive messages by Clairvoyance (as a visual movie type format or simply an image) and Clairaudience (in verbal messages or hearing). Sometimes I also receive messages by Clairsentience (a feeling in my body).
- I will close my eyes while channeling as it helps me stay 100% focused on the messages and avoid distraction...as well as assist in clearly seeing images I may receive. My body also turns to my left, so please be aware that this is normal and I am not excluding or shutting you out.
- There will be silence for a bit, while I connect with my guides and pass through the veil or portal. (I will let you know when I'm connecting)
- During the channeling portion, feel free to request clarity or additional information that Spirit and the guides provide.

- During Mediumship, please let your loved one communicate without interruption, as we don't want to lose them, by speaking bumping them out of the connection
- When Spirit has completed giving you messages, I will ask if you need clarity on anything presented (if you haven't asked previously), or if you have any additional questions not addressed by Spirit and the guides.

Beginning steps

- I will ask you to say your full name, to enter your energy into the reading.
- To get grounded, we will take 3 deep breaths in and 3 deep exhales out (I will guide you)
- I will connect my heart to your heart
- Since I am receiving information from Conscious Universe, Source, Spirit and guides, rather than psychically perceiving your energy, the only connection we have is the heart connection, coming from a place of love.

Connection

- Although I have set sacred space previously, I will share an opening prayer
- I will then do my connection process, where there will be silence for several moments (you may hear some incoherent words from me, which are my prayer and process to let Spirit and my guides know we are ready to work).
- Please note that I am connected to a Conscious Universe, Source, Spirit and guides that are kind, compassionate, loving and respectful. They often have a sense of humor as well.
- Messages will begin to flow.
- When Spirit's messages are complete, I will ask if you have any questions that have not been addressed, or that require more clarity.

Close

- I will disconnect from your heart, giving back your energy, pulling back mine
- I will thank the Universe, Spirit and my guides for all of their messages and support for you.